

Zesty Citrus Salsa

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| 3 | ripe tomatoes-cored and chopped | 2 | green onions-sliced thin (green part only) |
| 1 | can(11 oz.) mandarin oranges drained and chopped | 1/4 | teaspoon orange zest-optional |
| 1/2 | tablespoon cilantro-finely chopped | | Whole wheat crackers |

Combine all ingredients in bowl. Garnish with orange zest if desired. Serve on top of whole wheat crackers.

Makes 3 cups salsa.



Have your parent cut out the recipe on the dotted line.



SUMMER FUN TRIVIA

Help the cast of High School Musical unscramble the letters to form 3 words.



1. ENREG
2. ELSESDSE
3. RPAGES



Remember to eat at least 3 to 5 cups of fruits and vegetables everyday.*

Summer Fun Trivia Answer: 1. GREEN 2. SEEDLESS 3. GRAPES